

## The World Isn't Flat and I'm Not a Descendant of an Organism

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In my study of contemporary psychological science, I've made two discoveries that I believe you'll find valuable. They make me think of the time when mankind thought the world was flat. I'm confident that mankind someday will look back on our generation and think how stupid we must have been just as we now think how stupid mankind must have been to think the world was flat.

First, I've discovered a gap exists between current clinical psychological practice and the findings over the last ten-plus years from psychological research. While early-to-mid-

twentieth century behavioral scientists such as Sigmund Freud and Egas Moniz, the inventor of the lobotomy procedure who received the Nobel Prize in 1949, made important psychological contributions, many of these are now obsolete.

I don't want to scare you out of seeing a counselor, psychologist, or psychiatrist, but I do want you to be aware and careful. To be clear, these professionals can be great resources for certain individual, marital, and family situations. I know many of them keep up with modern advancements such as those in current psychological science journals. However, many of these professionals learned the core of their domain using now outdated textbooks and practices.

I'm aware of procedures currently in use that have been scientifically proven to be completely without merit at best and in some cases cause more harm than good. I'm also aware of psychiatrists who prescribe potent medicines for conditions that current research says are better treated with other forms of therapy. So be warned. I suggest that you go online and research any condition before taking medication or being subjected to a "procedure". Consider getting second opinions that cross domains, e.g. medical doctors vs. psychologists. Most all "mental" conditions have "physical" connections that might be better diagnosed and treated by medical professionals.

Second, I've discovered that only a small percentage of psychological scientists believe in God. In many of their journal article opening statements, they begin with how humans are merely part of the animal kingdom. They consistently draw parallels between our and animal's brains, behaviors, thinking, DNA, and laboratory experimental findings. They believe that because we have common characteristics, we must have all evolved from the same initial protein matter. A typical article introduction starts with "Throughout our evolutionary history, [the topic] has been critical to our survival. Many mammals depend on [the topic] blah, blah, blah." To their credit though, they then go on to put forward very interesting research and discoveries that paradoxically are only relevant to human beings. It's obvious that they have been programmed through our contemporary academic system to believe in the theory of evolution.

What is odd to me is that seemingly smart people who are turning traditional psychological science upside down haven't yet done the same for evolution. They have thrown out Freud's thinking that the id, ego, and super-ego are the primary structural regions of the brain, yet they hold on to Darwin's theory of evolution and natural selection. Some of the very same findings that are changing how we view psychological science are being ignored in terms of how they disprove evolution.

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Evolution is the theory that mankind slowly evolved from natural and random mutations within organism's genetic code resulting in entirely new organisms. There are problems with this theory that are being challenged on several fronts. Darwin himself said that his theory would only hold up as long as a complex organism wasn't discovered that required all its complex parts to be in existence in order for the organism to survive. That has now been proven to exist. In fact, there are tens of thousands of "irreducibly complex systems" that could not have been formed by slight successive variations.

Adding to the problem of evolution, there are no half-man/half-horse or half-man/half-fish creatures in existence on our planet. Neither have there been any fossil findings of them. There have been no fossils of any transition creatures of any kind. All fossils belong to a specific species. The fossils on record of the so-called half-man/half-ape are all without scientific basis of proving they are the missing transition creature. Random bone fragments of humans and animals in a pit together means one had another for lunch, not that they came from the same physical being. And yes, we do share some of the same features between species, but that doesn't mean that we all evolved collectively from a simple single cell organism. Our Creator would have certainly used common components just like you find between different machines such as cars, dishwashers, and vacuum cleaners. Just because all of these contain microprocessors and motors doesn't mean they all evolved from a molecule of copper.

An exciting part of current psychological research involves our emerging understanding of the interaction between nature and nurture. It is how both our environment and our genetic make-up interact to create our individual uniqueness. It turns out that genes are not simply unvarying sets of instructions that define inherited characteristics. Genes include a capability that can be activated or expressed. This causes our genetic make-up to react to our environment in unique ways. Who we are is a combination of our environment, our genetic structure, and how our genes express themselves. To be clear, our genes don't change. The way our genes influence us does. This means that within a given species, we do evolve. We can get smarter and even change physically within the capabilities of our genetic make-up. These changes however do not create new genes, other advanced organs, more complex structures, nor original species.

The more we learn about molecular biology, the more we learn that we were formed by a Creator. It is like the more we learn about history, the more we validate the historical authenticity of the Bible. When will people have as much faith in our Creator as they do in our unscientific science? How can astute people think the universe created itself from nothing, our planet with its perfect balance of resources was an accident, and that we as extremely complex human beings are descendents of a simple single cell organism? When will people consider the evidence and think for themselves?

We now know the world isn't flat and someday we will all know that there is but one Creator, our God. I pray, for the benefit of everyone's current and eternal wellbeing, that they don't wait too long to make their own individual discovery of our Creator.

Mike Hawkins is author of *Activating Your Ambition: A Guide to Coaching the Best Out of Yourself and Others* (<a href="www.activatingyourambition.com">www.activatingyourambition.com</a>), and president of Alpine Link Corporation (<a href="www.alpinelink.com">www.alpinelink.com</a>), a consulting firm specializing in leadership development and sales performance improvement.

For more of Mike Hawkins' articles on faith, see <a href="http://www.alpinelink.com/faith.aspx">http://www.alpinelink.com/faith.aspx</a>.